

Renfrewshire Carers Support Groups

Parkinson's Support Group

Meet in Northcroft Medical Centre
3rd Thursday of every month 1-3pm

Parents Support Group

Meets in Renfrewshire Carers Centre
1st Wednesday of every month 7-9pm
2nd Wednesday of every month 12-2pm

Alzheimer's Support Group

Meets in the Northcroft Medical Centre
1st Thursday of every month 1-3pm

Male Carers Support Group

Meets in the Northcroft Medical Centre
1st Tuesday of every month 1-3pm

Former Carers Support Group

Meets in the Northcroft Medical Centre
2nd Tuesday of every month 1-3pm

Kinship Carers Support Group

Meets in Renfrewshire Carers Centre
Last Tuesday of every month
10.30 -12.30pm

Paisley Support Group

Meets in Renfrewshire Carers Centre
3rd Tuesday of every month 1-3pm

Stroke Support Group

Carers and Stroke survivors meet in
Renfrewshire Carers Centre
2nd Monday of every month 1-3pm
In partnership with The Stroke Association
Both groups will separate for the last hour

ADHD/ADD Parent Support Group

Meets in Renfrewshire Carers Centre
3rd Wednesday of every month 7-9pm

* Tannahill Support Group

Meets Tannahill Medical Centre

Linwood Carers Support Group

Meets at Linstone Housing Association
2nd Tuesday of every month 11.00am-1pm

* NEW ASD Group

Meets in the Renfrewshire Carers Centre
Last Wednesday of every month 12-2
2nd Thursday of every month 7-9pm

* Bridge of Weir

Usually meets on a Monday
Monday 18th September, 7 – 9pm

Mental Health Support Group

Meets in Renfrewshire Carers Centre
3rd Tuesday of every month 6-8pm
4th Tuesday of every month 1-3pm

* Some groups are subject to change due to Public Holidays and School Holidays. Please check with the Centre or visit the website www.renfrewshirecarers.org.uk