

If you are interested in our Parent Support Group or would like to access any of the Centre services please contact:



UNIT 55  
EMBROIDERY MILL  
ABBAY MILL BUSINESS CENTRE  
PAISLEY  
PA1 1TJ

[Katie@renfrewshirecarers.org.uk](mailto:Katie@renfrewshirecarers.org.uk)

[Margaret@renfrewshirecarers.org.uk](mailto:Margaret@renfrewshirecarers.org.uk)

Charity No: SC036966

[www.renfrewshirecarers.org.uk](http://www.renfrewshirecarers.org.uk)



Funded by:



The Princess Royal Trust  
*for Carers*

Parent/Carer of Children with  
Disabilities  
Support Group

**ARE YOU A  
PARENT CARER**

Parent carers are Parents of a disabled child, young person, or dependant adult who look after their dependants without pay.

## THE PARENT SUPPORT GROUP OFFERS CARERS

- Friendly meeting place
- Access to relevant advice i.e. welfare benefits and other services
- Access to activities for parent carers and their children to help reduce the stress associated with long-term caring



## WHERE DO WE MEET

### Renfrewshire Carers Centre

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Katie@renfrewshirecarers.org.uk  
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## WHEN DO WE MEET

2<sup>nd</sup> Wednesday of every month  
12 - 2.00 pm

Evening Meeting  
1<sup>st</sup> Wednesday of every month  
7.00 - 9.00pm

All Parent/Carers  
Renfrewshire-wide welcome